



Fellowship Bible Church 2012 Preteen Retreat

A Weekend of Connection and Conversation for Preteens and Parents

2012 Preteen Retreat Schedule

Saturday, May 5

8:30 – 8:50	Registration & Check-In
8:50 – 9:15	Family Activity
9:15 -9:45	Main Session #1: “Communication”
9:45 – 10:00	“Home”-work
10:00 – 10:30	Break
10:30 – 10:50	Family Activity
10:50 – 11:40	Main Session #2: “Letting Go of the Bike”
11:40 – 12:00	“Home”-work
12:00 – 1:15	Lunch
1:15 – 2:30	Main Session #3: Dr. Robert Lewis
2:30 – 3:00	Break
3:00 – 3:30	Family Activity—Letter Writing
3:30 – 4:30	Family Time—Sharing Your Letter
4:30 – 5:30	Wrap Up
5:30	Dismissal

Sunday, May 6

9:00 – 9:15	Worship
9:15 – 9:25	Testimonies from Preteen Retreat
9:25 – 9:55	Vision for Preteen Ministry
9:55 – 10:10	Prayer for Preteens and Preteen Ministry

Session #1: COMMUNICATION

Communication is...

Connecting our minds and hearts to exchange ideas, emotions,
and experiences

Why?

Parents: You are the most powerful influence in the
life of your child.

Preteens: No one cares more about you than
your parents.

Your parents know much more about being
a fifth grader than you know
about being a parent.

When?

Communication in your family needs a specific time
and a designated space.

Brainstorm #1:

Think of some “bad” times to talk

Think of some “good” times to talk

As a family, choose your “Top 3” times to talk

Session #1: COMMUNICATION

What? & How?

A good communication strategy needs to have a plan for what to say and how to say it

3 Very Important Conversations:

Life—stories, plans, and events from everyday life

Faith—Scripture, Church, small groups, personal devotional

Prayer—Pray with and for one another

Brainstorm #2:

Look again at your “Top 3” family talk times.

Assign one of these conversations to each family talk time.

Communication Calendar May 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 Saturday Breakfast "Faith" Mom Devotional
6	7 Bedtime "Prayer" Preteen & Parents	8	9	10 Ride to School "Life" Preteen & Mom	11	12 Saturday Breakfast "Faith" Preteen Devotional
13	14 Bedtime "Prayer" Preteen & Parents	15	16	17 Ride to School "Life" Preteen & Dad	18	19 Saturday Breakfast "Faith" Dad Devotional
20	21 Bedtime "Prayer" Preteen & Parents	22	23	24 Ride to School "Life" Preteen & Mom	25	26 Saturday Breakfast "Faith" Preteen Devotional
27	28 Bedtime "Prayer" Preteen & Parents	29	30	31 Ride to School "Life" Preteen & Dad		

Communication Calendar

May 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Session #2: Letting Go of the Bike

“Letting Go of the Bike” means...

Creating a strategy for helping preteens to take ownership of the faith we have passed on to them

3 Ways to Help Preteen Develop Their Faith:

Give Legs to Faith—Put faith into practice as a family (James 1:22)

Brainstorm #1:

What are some ways your family can put faith into practice?

Ask More Questions—Let preteens express their faith verbally

Brainstorm #2:

Name some attributes of God—words that describe who God is and what God is like.

Choose one attribute and preteens share a story from the Bible or their personal life that displays this description of God.

Model a Personal Faith—preteens need to see Jesus in you

Session #3: Dr. Robert Lewis

Notes: